

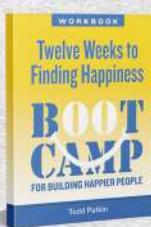
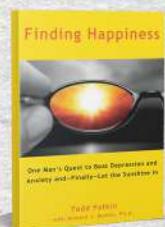


ToddPatkin.com



TODD PATKIN

THE HAPPINESS CODE CRACKER



Author Speaker Chief Happiness Officer

FROM BREAK-DOWN TO BREAK-THROUGH

The Perfect Life That Wasn't:

Despite outward success—financial prosperity, loving family, respected position—Todd was extremely Stressed. At age 36, he suffered a devastating breakdown that became his breakthrough.

18 Years Building Business

Age 36 Breakdown

12 Week Program

"Happiness isn't measured by what your life looks like, but by how you look at your life." - Todd Patkin

His Mission:

Help as many people as possible live much happier and much less burdened lives through authentic vulnerability and proven strategies.

SIGNATURE PROGRAMS

THE HAPPINESS BOOT CAMP

12-Week Course for Building Happier People

Evidence-based strategies for lasting happiness.

Step-by-step transformation process.

Practical tools for personal and

professional life.

Perfect for corporate wellness programs.

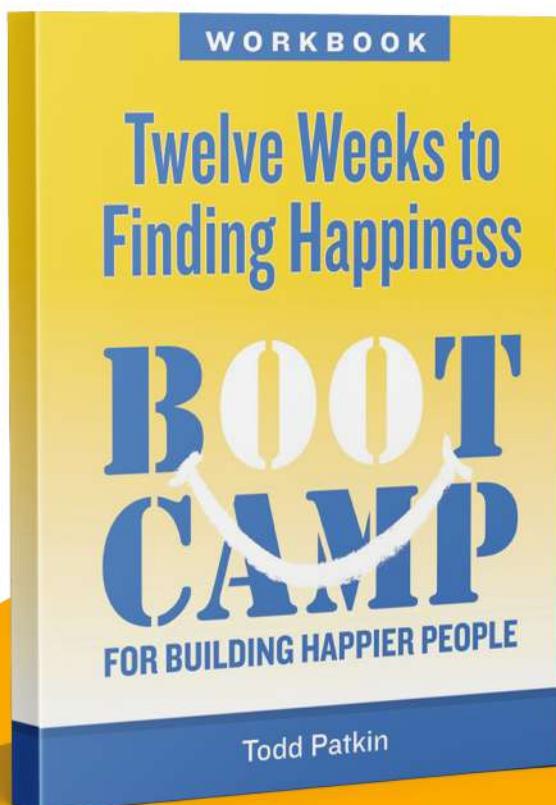
"FINDING HAPPINESS" MULTIMEDIA EXPERIENCE

Bestselling Book: "Finding Happiness: One Man's Quest to Beat Depression and Anxiety and—Finally—Let the Sunshine In"

Interactive Workbook: Hands-on exercises and reflection tools

12-Part Video Series: Weekly assignments for sustainable change

Visit ToddPatkin.com to access the book, workbook, and videos.



Also
FEATURED ON



SPEAKING TOPICS

"Cracking the Happiness Code"

Why success doesn't equal happiness and how to find authentic fulfillment

"The Perfect Life Illusion"

How perfectionism and achievement addiction destroy happiness

"Happiness as Daily Choice"

Practical strategies for choosing happiness regardless of circumstances

"Building Happier Teams"

Creating workplace cultures that prioritize well-being and productivity

WHY TODD PATKIN?

AUTHENTIC VULNERABILITY:

Shares real breakdown story with raw honesty.

PROVEN SUCCESS:

Built and sold multi-million-dollar business (Foreign Autopart/Advance Auto Parts)

EXPERT COLLABORATION:

Co-authored with renowned psychologist Dr. Howard J. Rankin (featured on CNN, The View, ABC's 20/20)

UNIVERSAL APPEAL:

Message resonates across all demographics and industries

"Todd is a gifted storyteller. The powerful, uplifting stories he shares provide a true-life path that can take any one of us from despair to hope, from anguish to joy."

- Dr. Richard Levin, Executive Coach & Leadership Developer

"Depression with high achievers is sadly too common. Todd courageously pulls back the curtain on this disorder and reveals a practical prescription to a more balanced and satisfying life."

- Jeffrey S. Davis, CEO & Founder of Mage, LLC

Finding Happiness



One Man's Quest to Beat Depression and Anxiety and—Finally—Let the Sunshine In

Todd Patkin
with Howard J. Rankin, Ph.D.

CREDENTIALS

Tufts University Graduate

Former President:

Grew family business to acquisition by Fortune 500 company.

Bestselling Author:

"Finding Happiness" series.

Chief Happiness Officer & Professional Speaker

Featured Guest:

Multiple radio shows and podcasts

Philanthropist:

Dedicated to giving back and community service

PERFECT FOR:

PODCASTS

Compelling personal story combined with practical advice creates engaging content.

CORPORATE EVENTS

Employee wellness programs, leadership development, team building initiatives

EDUCATIONAL INSTITUTIONS

Student mental health awareness, resilience training, life skills development

HEALTHCARE ORGANIZATIONS

Professional burnout prevention, patient care excellence, work-life balance

PERSONAL DEVELOPMENT EVENTS

Self-help conferences, wellness retreats, mental health awareness programs

PROFESSIONAL ASSOCIATIONS

High-achiever wellness programs, executive coaching, stress management

KEY MESSAGES

"Real happiness is the daily act of choosing to accept and love yourself as you are."

"You can control your thoughts and reactions to everything that happens in your life."

"It's not what your life looks like, but how you look at your life."

WHAT MAKES THIS DIFFERENT

In a world where mental health challenges are at an all-time high, Todd offers hope, practical solutions, and proof that transformation is possible. His message cuts through typical self-help noise with raw authenticity and proven strategies.

Whether your audience consists of high-achieving professionals, struggling students, or anyone seeking genuine happiness, Todd's story and system provide the roadmap they need.

FREE RESOURCES FOR YOUR AUDIENCE:

Digital versions of Todd's materials book, workbook, and video series—are available to help maximize impact and accessibility. Access them at toddpatkin.com.

BOOKING INFORMATION

Contact: Greg Voisen

Website: ToddPatkin.com

Email: greg@eluminate.net

Phone: (760) 631-2631

Todd Patkin doesn't just talk about happiness—he lived the journey from darkness to light and shows others how to do the same.